Rama and Sita

Watch this film to learn about the story of Rama and Sita.

www.bbc.co.uk/teach/class-clips-video/religious-studies-ks1-thehindu-story-of-rama-and-sita/zdtmnrd

Now try to answer these questions

1. How many heads did the demon king Ravana have?

2. How did Ravana trick Sita? 3. How did Rama get to the island of Lanka to rescue Sita? 4. How were Rama and Sita guided home?



More resources available from RE Today and NATRE for teachers, pupils and parents at: www.natre.org.uk/about-natre/free-resources-for-you-and-your/pupils/ The story of Rama and Sita is remembered at the festival of Diwali. Hindu families prepare for Diwali by cleaning their house and creating Rangoli patterns near the door of their house. Rangoli patterns are very brightly coloured. They are often symmetrical.

Someone might be able you to find some pictures of them.

Use the dotty grid to create a Rangoli pattern?

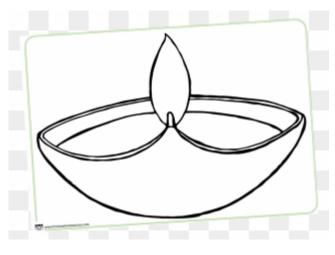
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The people from Rama and Sita's kingdom lit lamps to help them find their way home. These lamps are known as diva lamps. They help Hindus to remember that light triumphs over darkness and good triumphs over evil.



At Diwali Hindus remember good wins over evil. Draw a picture to show one way to do something good?



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