

Learning Flow

PSHE - Y1/2 - Term 3 - How do we recognise our feelings?

What do we already know?

Topic Toolkit- Prior knowledge ,

What do we already know?

What questions do we have?

Vocabulary



What are feelings?

- Recognise, name and describe a range of feelings

KPI - Recognise and name different feelings.

Date.....



How do feelings change?

- Different things / times / experiences can bring about different feelings for different people (including loss, change and bereavement or moving on to a new class/year group)

KPI - Recognise and name different feelings.

Date.....



How do feelings affect our bodies and behaviour?

- How feelings can affect people's bodies
- How feelings can affect people's behaviour

KPI - Recognise and name different feelings.

Date.....



How to ask for support if we need it?

- How to manage big feelings
- The importance of sharing their feelings with someone they trust
- how to recognise when they might need help with feelings and how to ask for help when they need it

KPI - Name trusted adults who I can go to if I feel uncomfortable about something.

Date.....

ASSESSMENT

- Knowledge - Socrative
- Revisit Topic Toolkit - What do we know now

