

WEEK 1 MENU



Monday

Tuesday

Wednesday

Thursday

Friday

PLANET EARTH DAY

STREET FOOD DAY

ORIGINALS DAY

WORLD FOOD DAY

FRIDAY FAVOURITES

MAIN 1

Macaroni Cheese



Beef Bolognese

Roast Chicken & Gravy

Sausage & Onion Gravy

Fish Fingers

MAIN 2

Lightly Spiced Bean & Vegetable Burrito



Southern Baked Halloumi Burger



Roasted Quorn Fillet & Gravy



Quorn Sausage & Gravy



Falafel & Sweet Potato Hummus Salad Wrap



Carbohydrates

Garlic Bread



Spaghetti or Potato Wedges



Roasted Potatoes



Mashed Potato



Oven Baked Chips



Vegetables

Broccoli & Garden Peas



Sweetcorn & Green Beans



Freshly Glazed Carrots & Savoy Cabbage



Broccoli & Sweetcorn



Garden Peas or Baked Beans



Desserts

Chocolate & Kale Brownie



Honey Krispie Cake

Homemade Shortbread

Peach Crumble and Ice Cream

Mango Frozen Yoghurt

Organic Yoghurts

Organic Yoghurts

Organic Yoghurts

Organic Yoghurts

Organic Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Future 50 Contains one or more of the top 50 most sustainable foods in the world!

Vegetarian **Ve** **Vegan** **Organic**

For allergen content please speak to member of staff who will be happy to assist



WEEK 2 MENU



Monday

Tuesday

Wednesday

Thursday

Friday

PLANET EARTH DAY

WORLD FOOD DAY

ORIGINALS DAY

STREET FOOD DAY

FRIDAY FAVOURITES

MAIN 1

Wholemeal Cheese & Tomato Pizza

Beef Meatballs

Roast Turkey & Gravy

Beef Lasagne

Oven Baked Breaded Fish

MAIN 2

Vegetable Stir Fry & Noodles

Vegan Meatballs

Vegan Sheppard's Pie

Roasted Vegetable Lasagne

Quorn Hotdog

Carbohydrates

Homemade Potato Wedges

Wholemeal Penne Pasta

Roasted Potatoes

Garlic Bread

Oven Baked Chips

Vegetables

Roasted Sweetcorn & Coleslaw

Broccoli Florets & Garden Peas

Fresh Carrots & Cauliflower

Broccoli Florets & Sweetcorn

Garden Peas or Baked Beans

Desserts

Watermelon Lollies
Organic Yoghurts

Chocolate Sponge & Chocolate Sauce
Organic Yoghurts

Jelly
Organic Yoghurts

Freshly Made Cookie
Organic Yoghurts

Fresh Vanilla Sponge
Organic Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

ES5 Future 50 Contains one or more of the top 50 most sustainable foods in the world!

V Vegetarian **Ve** Vegan **ES5** Organic

For allergen content please speak to member of staff who will be happy to assist



Working together

WEEK 3 MENU



Monday

Tuesday

Wednesday

Thursday

Friday

PLANET EARTH DAY

WORLD FOOD DAY

ORIGINALS DAY

STREET FOOD DAY

FRIDAY FAVOURITES

MAIN 1

Wholemeal Cheese & Tomato Pizza



Freshly Made Burger in a Bun

Roast Chicken & Gravy

Mild Chicken Tikka

Fish Fingers

Main 2

Roasted Vegetable Wholemeal Pasta Bake



The Best Ever Vegan Burger



Vegetable Sausages



Spinach, Potato and Chickpea Curry



Quorn Dippers



Carbohydrates

Sauté Potatoes



Homemade Potato Wedges



Roast Potatoes



Garlic and Parsley Bread



Oven Baked Chips



Vegetables

Green Beans & Sweetcorn



Roasted Sweetcorn & Broccoli Florets



Fresh Glazed Carrots & Roasted Parsnips



Cauliflower & Garden Peas



Garden Peas or Baked Beans



Desserts

Fresh Oat and Lemon Cookie

Organic Yoghurts



Jelly



Organic Yoghurts



Chocolate Beetroot Cake

Organic Yoghurts



Apple & Sultana Crumble & Ice Cream

Organic Yoghurts



Strawberry Frozen Yoghurt

Organic Yoghurts



AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Future 50 Contains one or more of the top 50 most sustainable foods in the world!

V Vegetarian **Ve** Vegan **Organic** Organic

For allergen content please speak to member of staff who will be happy to assist

